

The meals on this menu are made with ingredients which do not intentionally contain gluten. However, we handle gluten-containing ingredients in our kitchens, so cannot guarantee 100% free from.

PLEASE MAKE A TEAM MEMBER AWARE WHEN ORDERING FROM THE NGCI MENU.

## ALL - DAY BRUNCHIN'

Bacon, fried eggs, hash brown bars, mushrooms, grilled tomato, baked beans and a toasted seeded bread roll. 1213 kcal

#### VEGGIE EGGIE BREAKFAST (V) 8.50

Fried eggs, hash brown bars, mushrooms, grilled tomato, baked beans and a toasted seeded bread roll. 1019 kcal

VEGAN AITERNATIVE AVAILABLE 802 kmal

#### BREAKFAST ROLLS

FRIED EGG & **CHEESE (V) 6.50** 

BACON, EGG & CHEESE 7.00

7.00

**BOOST YOUR BRUNCH** 

FRIED EGG (V) 104 kcal 1.00 HASH BROWN BAR (VG) 145 kcal 1.00

CRISPY BACON 164 kcal 1.50

BEANS (VG) 78 kcal 1.00 GRILLED TOMATO (VG) 18 kcal 1.00

BACON

### SMALL PLATES =

### HALLOUMI SKEWERS (V) 6.00

With a dressed pomegranate salad garnish. 429 kcal

WINGS 6.00

CHICKEN 275 kcal OR CAULI (VG) 707 kcal

**COAT YOUR WINGS WITH:** 

- HOT HONEY BUFFALO SAUCE & SOUR CREAM (V) +58 kcal
- BULLEIT® BOURBON BBO SAUCE (VG) +42 kmal
- PERI-PERI HOT SAUCE (VG) +19 kmal
- SALTED CHILLI CARAMEL (V) +51 kcal

# **TOPPED FRIES**

### **SCARLET CHICKEN 7.50**

Shredded chicken, hot honey Buffalo sauce, grated cheese, salsa, sweet & sour onion, rocket and mayo. Recommended for two people. 1161 kcal

### SLOPPY JOE 7.50

Slow-cooked beef in smoky BBQ sauce with grated cheese, sweet & sour onion and rocket. Recommended for two people. 1121 kcal

VEGAN ALTERNATIVE AVAILABLE 1203 kmal

### ANGRY FRANK (V) 7.00

Crumbled Stilton®, blue cheese dressing, sweet & sour onion and Frank's RedHot® sauce. Recommended for two people. 1140 kcal

### BURGERS

Our burgers are served in a seeded bread roll with ketchup, iceberg lettuce, chopped onion and gherkin, with skinny fries and BBQ sauce. All burgers come with a selected soft drink, or upgrade to a selected alcoholic drink.

Choose beef patties 402 kcal or grilled chicken breast 130 kcal, then pick your topper.

### **HOTTER THAN HELL-OUMI 13.00**‡

Grilled halloumi and hot honey Buffalo sauce with a burger cheese slice, burger sauce and sweet & sour onion. 991 kcal exc. burger choice

#### ANGRY HASH 13.00<sup>‡</sup>

A burger cheese slice, hash brown bar, Stilton®, Frank's® RedHot sauce and burger sauce. 1054 kcal exc. burger choice

### THE MELT 12.00<sup>‡</sup>

Bacon, a burger cheese slice, burger sauce and BBQ sauce.

### **PRICE**‡ **INCLUDES** A DRINK SEE BELOW FOR DRINKS RANGE

**INCLUDES** 

A DRINK

### **EXTRAS**

- BEEF PATTY 201 kcal +2.50
- GRILLED CHICKEN BREAST 130 kcal +2.50
- CRISPY BACON 73 kcal +75P
- BURGER CHEESE SLICE (V) 41 kcal +75P
  - VEGAN ALTERNATIVE AVAILABLE 60 kmal

### LOADED ROLLS

All rolls come with skinny fries and a selected soft drink, or upgrade to a selected alcoholic drink.

#### GUAC CHICK 9.50<sup>‡</sup>

Chicken and avocado with Bulleit® Bourbon bacon & onion jam, tomato and mayo. 1154 kcal

### CHEESY JOE 9.50‡

Slow-cooked beef in smoky BBQ sauce with melted cheese and red onion. 857 kcal

# CUSTOMISE YOUR FRIES

Skinny fries are served with all burgers and loaded rolls — or switch to:

### ANGRY FRIES (V) +1.00

With crumbled Stilton®, blue cheese dressing, sweet & sour onion and Frank's RedHot® sauce. +165 kcal

### SALTED CHILLI FRIES (VG) +1.00

With red chilli, spring onion and coriander. +14 kcal

SWEET & SOUR PICKLED ONION FRIES (VG) +11 kcal +1.00 TRIPLE-COOKED CHUNKY CHIPS (VG) +15 kcal +50P

### NACHOS EL CLÁSICO (V) 11.00 Topped with cheese sauce, guac,

salsa, sour cream, jalapeño sweet & sour onion and rocket mmended for two people. 1116 kcal

# TOP YOUR NACHOS WITH SEÑOR JOE +2.50

Slow-cooked beef in smoky BBO sauce. +140 kcal

# SEÑOR SOYA JOE NACHOS (VG) 13.00

Topped with Violife grated mature, vegan mayo, guac, tomato salsa and jalapeños - finished with smoky soya topping, sweet & sour onion and rocket.

nded for two people. 1416 kcal

### DRINKS INCLUDED WITH ANY BURGER OR LOADED ROLL

### SOFT DRINK (INCLUDED IN PRICE)

Large glass of Diet Coke (2 kcal), Coke Zero (3 kcal) or lemonade (103 kcal); 330ml bottle of still or sparkling water (0 kcal) or a regular hot drink (ask a team member for our range and calorie information)

\*1.00 Pint of Carling, Foster's, Coors Light, Amstel, Inch's, Thatchers, Orchard Thieves or Strongbow; 25ml Smirnoff Red, Jack Daniel's or Gordon's — and mixer\*; 175ml house red, white or rosé

\*Mixers: Diet Coke, Coke Zero, lemonade or Fever-Tree bottle. All drinks are subject to availability; stocking policy varies by pub.

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+2.00 Pint of Stella Artois, Birra Moretti, Peroni, Heineken, Guinness, BrewDog Planet Pale, Camden Hells, Strongbow Dark Fruit or Rekorderlig; 25ml Bulleit Bourbon, Absolut, Gordon's Pink, Tanqueray or Captain Morgan Spiced and mixer\* 175ml New Zealand Sauvignon Blanc or Callia Selected Malbec: 125ml Vinuva Prosecco

Adults need around 2000 kcal a day.

(V) Suitable for vegetarians. (VG) Suitable for vegans. (V-M) Made with vegetarian ingredients, however, produced in a factory which handles non-vegetarian ingredients, with a 'may contain' warning. (VG-M) Made with vegan ingredients, however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning.

Do you have any allergies? Please inform staff of any allergies before placing your order, even if you have eaten the dish before, as ingredients can change and menus do not list all ingredients. Full allergen information is available for all food and drinks, detailing the 14 legally declarable allergens contained in our dishes. While all reasonable steps will be taken to avoid the unintentional presence of allergens, we cannot guarantee that any products are 100% free from allergens, owing to possible cross-contamination. Ingredients are based on standard product formulations, variations may occur. Calories/nutritional values stated are subject to change.





PLEASE MAKE A TEAM MEMBER AWARE WHEN ORDERING FROM THE VEGON MENU

## ALL - DAY BRUNCHIN'

### **VEGAN BREAKFAST (VG) 8.50**

Veggie sausages, hash brown bars, mushrooms, grilled tomato, baked beans and toast. 939 kcal

### **JACKFRUIT CRUMPETS (VG) 8.25**

Two crumpets stacked with BBQ pulled jackfruit, Violife grated mature and quac, with sweet chilli sauce and fresh rocket. 471 kcal

### MEX-MELT QUESADILLA (VG) 8.00

Veggie sausages, hash brown bar, no-chicken nuggets and Violife grated mature with avocado, salsa and guac - in a beet tortilla.  $767~\rm kcal$ 

# BURGERS & HOT DOG

Our burgers are served in a toasted bun with ketchup, iceberg lettuce, chopped onion and gherkin, with skinny fries and BBQ sauce. All burgers come with a selected soft drink, or upgrade to a selected alcoholic drink.

Choose either a no-beef burger 288 kcal or a Quorn™ buttermilk- style fillet burger 188 kcal, then pick your topper.

#### KEEP IT SIMPLE (VG) 11.00<sup>‡</sup>

With ketchup and vegan mayo.
670 kcal exc. burger choice

### SLOPPY NO JOE (VG) 13.00

Smoky soya sloppy joe with Violife grated mature, red pepper & sesame houmous and spinach. 903 kcal exc. burger choice

### MOVING MOUNTAINS® HOT DOG (VG) 12.00‡

In a sub roll with sweet & sour onion, ketchup and French's® mustard, served with skinny fries and BBQ sauce. 939 kcal

LOAD IT WITH MAC 'N' CHEEZE (VG) +382 kcal \*2.00

PRICE\*
INCLUDES
A DRINK
SEE BELOW FOR
DRINKS RANGE

## PIZZA

Our pizzas are made from a hand-stretched, stone-baked sourdough base and topped with tomato sauce and Violife grated mature. All pizzas come with a selected soft drink or upgrade to a selected alcoholic drink.

### EASY CHEEZY (VG-M) 12.00<sup>‡</sup>

With fresh basil. 1035 kcal

**PRICE**<sup>‡</sup>

**INCLUDES** 

**A DRINK** 

#### JACK THE LAD (VG-M) 13.00

BBQ pulled jackfruit with spring onion fresh basil and vegan mayo. 1330 kcal

PRICE<sup>‡</sup>
INCLUDES
A DRINK
SEE BELOW FOR
DRINKS RANGE

# **RATED PLATES =**

### MAC 'N' CHEEZE (VG) 11.50

Comfort food at its best — topped with spring onion, with a dressed salad on the side.  $889\,\rm kcal$ 

#### JACK THE LAD MAC TOPPER (VG) +2.50

BBQ pulled jackfruit with guac, jalapeños, vegan mayo and spring onion. +252 kcal

#### **BURRITO BOWL (VG) 11.00**

Lightly spiced black bean & pepper rice with salsa, guac, sweet & sour onion, jalapeño, vegan mayo and coriander — in a beet tortilla.  $506\,\rm kcal$ 

#### ADD A TOPPER +2.50

- BBQ PULLED JACKFRUIT (VG) +160 kcal - SMOKY SOYA SLOPPY JOE (VG) +176 kcal

## **SMALL PLATES**

#### VEGGIE GYOZA (VG-M) 6.00

With sweet chilli sauce and pomegranate. 166 kcal

#### JACK TACOS (VG) 6.00

Open soft tacos filled with BBQ pulled jackfruit, guac, cucumber, iceberg lettuce, vegan mayo, coriander, pomegranate and spring onion.  $294\ \rm kcal$ 

### **CAULI WINGS (VG) 6.00**

#### **COAT YOUR WINGS WITH:**

- BULLEIT® BOURBON BBQ SAUCE (VG) 749 kcal
- PERI-PERI HOT SAUCE (VG) 726 kcal
- KOREAN BBQ SAUCE (VG) 784 kcal

# **LOADED SUB & QUESADILLA**

Our loaded sub and quesadilla come with skinny fries and a selected soft drink, or upgrade to a selected alcoholic drink.

### AVO & VIO QUESADILLA (VG) 9.50‡

Avocado with Violife grated mature, tomato, spinach, red pepper & sesame houmous and rocket — in a beet tortilla with a side of vegan mayo. 950 kcal

# JACKED & SMOKIN' (VG) 8.50‡

BBQ pulled jackfruit with Violife grated mature, 890 kcal

# **CUSTOMISE YOUR FRIES**

Skinny fries are served with all burgers, pizzas, sub and quesadilla — or switch to:

### SALTED CHILLI FRIES (VG) +1.00

With red chilli, spring onion and coriander.  ${\tiny +14\ kcal}$ 

SWEET & SOUR PICKLED ONION FRIES (VG) +11 kcall.00 TRIPLE-COOKED CHUNKY CHIPS (VG) +15 kcal 50P

## **BIT ON THE SIDE**

### MAC 'N' CHEEZE (VG) 419 kcal 3.75 SWEET & SOUR PICKLED ONION FRIES (VG) 416 kcal 4.25 SALTED CHILLI FRIES (VG)

419 kcal **4.25**With red chilli, spring onion and coriander.

TRIPLE-COOKED CHUNKY CHIPS (VG) 420 kcal 3.75

SKINNY FRIES (VG) 405 kcal 3.25 SIDE SALAD (VG) 62 kcal 3.25

A dressed rocket, beetroot and sweet & sour onion mixed salad.

# SHARERS =

### **JACKED-FRUIT TOPPED FRIES (VG) 7.50**

Skinny fries topped with BBQ pulled jackfruit, Violife grated mature, vegan mayo and sweet & sour onion. Recommended for two people. 1218 kcal

### **SMOKY JOE TOPPED FRIES (VG) 7.00**

Skinny fries topped with soya in smoky BBQ sauce, Violife grated mature, spring onion, vegan mayo, sweet & sour onion and rocket.

Recommended for two people. 1203 kcal

### 1KG CAULI WINGS (VG) 16.00

Recommended for two people.

### COAT YOUR WINGS WITH:

- BULLEIT® BOURBON BBQ SAUCE (VG) 2136 kcal
- PERI-PERI HOT SAUCE (VG) 2065 kcal
- KOREAN BBQ SAUCE (VG) 2155 kcal

### SEÑOR SOYA JOE NACHOS (VG) 13.00

Topped with Violife grated mature, vegan mayo, guac, tomato salsa and jalapeños — finished with smoky soya topping, sweet & sour onion and rocket.

# SWEET TOOTH

### BIS-SCOFF IT (VG) 4.75

New York-style dessert topped with Lotus Biscoff® sauce, vanilla non-dairy iced dessert and Lotus Biscoff® biscuit pieces.  $806~\rm kcal$ 

Adults need around 2000 kcal a day.

### DRINKS INCLUDED WITH ANY BURGER, PIZZA, LOADED SUB OR QUESADILLA

### **SOFT DRINK (INCLUDED IN PRICE)**

Large glass of Diet Coke (2 kcal), Coke Zero (3 kcal) or lemonade (103 kcal); 330ml bottle of still or sparkling water (0 kcal) or a regular hot drink (ask a team member for our range and calorie information)

\*1.00 Pint of Carling, Foster's, Coors Light, Amstel, Inch's, Thatchers, Orchard Thieves or Strongbow; 25ml Smirnoff Red, Jack Daniel's or Gordon's — and mixer\*; 175ml house red, white or rosé

\*2.00 Pint of Stella Artois, Birra Moretti, Peroni, Heineken, Guinness, BrewDog Planet Pale, Camden Hells, Strongbow Dark Fruit or Rekorderlig; 25ml Bulleit Bourbon, Absolut, Gordon's Pink, Tanqueray or Captain Morgan Spiced — and mixer\* 175ml New Zealand Sauvignon Blanc or Callia Selected Malbec; 125ml Vinuva Prosecco

\*Mixers: Diet Coke, Coke Zero, lemonade or Fever-Tree bottle.

All drinks are subject to availability; stocking policy varies by pub.